

【工安衛中心公告】

依據 3-ADM0015 健康維護管理辦法 (F) · 擬辦理「2023 年度在職員工健康檢查 3-4 級異常」抽血複檢追蹤作業，敬請依照以下及排程時間準時出席，萬分感謝!!

According to 3-ADM0015 Health Maintenance Management Measures (F) · It is planned to handle the blood reexamination tracking of "Level 3-4 abnormality in the health examination of active employees in 2023".

Please attend on time according to the following and scheduled time. Thank you very much!!

- 時間：2024/3/14(四)，上午 8:00~9:30

Time: 2024/3/14(四)，AM 8:00~9:30

- 地點：一樓_大會議室

Location: Large conference room on the first floor

- 對象：請參閱附件_112 年度在職員工健康檢查異常 3-4 級名單。

Target: Please refer to the attachment_112 annual employee health examination abnormality level 3-4 list

- 協辦單位：台北宏恩醫院

Co-organizer: Taipei Hong En Hospital

- 注意事項：Notice

(1)檢查前一日請勿熬夜、酗酒；避免劇烈運動，並保持充足睡眠。

Do not stay up late or drink too much alcohol the day before the examination; avoid strenuous exercise and maintain adequate sleep.

(2)複檢需空腹，請檢查前 8 小時開始禁食。(抽血檢查)

Please fast for more than 8 hours (Blood test)

(3)高血壓、心臟病、氣喘病..等慢性病藥物可繼續服用(不包括降血糖藥物)，其他非必須即時服用之藥物請延後服用(感冒藥、止痛藥..等)。

Hypertension, heart disease, asthma, diabetes... The medicine can be taken normally.(Not included Hypoglycemic medicine) · Other medication that do not have to be taken immediately, Please eat later(Cold medicine painkiller...)

(4)抽血後，請立即按壓 5-10 鐘止血，切勿搓揉。(如有瘀腫情形，24 小時內可用冰敷緩解(48 小時後改熱敷化瘀)。

After the blood is drawn, press for 5-10 minutes to stop the bleeding immediately, do not rub.If there is bruises and swelling, ice compress can be used to relieve within 24 hours (change to hot compress after 48 hours).

****備註說明：勞工對於健康檢查，有接受的義務，因此不得拒絕檢查。違反者，勞工將處 3,000 元罰鍰。(職安法第 20 條、第 46 條)**

**Remarks: Workers have the obligation to accept health inspections, so they cannot refuse inspections.

Violators will be fined NT\$3,000. (Articles 20 and 46 of the Occupational Safety Law)

****若不克前來複查檢驗者，請提前告知廠護!!**

If you are unable to come for re-inspection, please inform the factory guard in advance!!

