

TOP UNION® 有氣瑜和社招生





師資介紹:賴冠珵老師

招生對象:全體員工

招生人數:每班次限定8~10人

課程時間: 週三,17:00~18:00

課程日期 114/10/8(三),(一期,10堂)

課程地點 4F_瑜珈教室

報名日期:即日起至114/9/26截止,並繳交費用。

報名方式:請掃描QR Code或EHS_郭姵佳分機128

課程費用:預繳金1000元/人,課程出席率需>80%,費用

福委會全額補助。

其他說明:招生未滿6人(含),取消開班,8~10人(含)合

併一班。









Aerobic Yoga Club





TEACHER INTRODUCTION: TEACHER ZHANG, LAI GUANYUN

Phase 24

- RUIMEI ENROLLMENT TARGET: ALL EMPLOYEES
- ENROLLMENT CAPACITY: EACH SHIFT IS LIMITED TO 8~10 PEOPLE
- COURSE TIME: MONDAY AND WEDNESDAY, 17:00~18:00
- COURSE DATES: 114/10/8 (WED) ONWARDS, (1 PERIOD, 10 CLASSES)
- COURSE LOCATION: 4F_YOGA CLASSROOM
- REGISTRATION DATE: FROM NOW UNTIL 114/9/26, AND THE FEE MUST BE PAID
- REGISTRATION METHOD: PLEASE SCAN THE QR CODE OR EHS_Miranda #128
- COURSE FEE: PREPAYMENT IS \$1,000 PER PERSON
- COURSE ATTENDANCE RATE MUST BE >80%, AND THE FEE IS FULLY SUBSIDIZED BY THE WELFARE COMMITTEE.
- OTHER INSTRUCTIONS: IF THE ENROLLMENT IS LESS THAN 6 PEOPLE (INCLUSIVE), THE CLASS WILL BE CANCELED AND 8 TO 10 PEOPLE (INCLUSIVE) WILL BE COMBINED INTO

